

NGĀ KĀKANO NEWS

Ngā Kākano Foundation Newsletter

September 2021

Welcome to the September edition of Ngā Kākano News for 2021. Inside is a brief look into some of what has been happening in our organisation recently and how to access our services. Make sure to follow us on Facebook (Nga Kakano Foundation) and Instagram (nga_kakano) for all our current activities in the community. Sign up for this newsletter on our website www.ngakakano.org.nz



ALERT LEVEL 2

After the national Level 4 lockdown, and then a period of time at Level 3, all of Aotearoa except Tamaki Makaurau was reduced to Level 2 on Tuesday, September 7th at 11.59pm. As an essential service, Ngā Kākano was open throughout all alert levels, and Level 2 this time has meant that our client contact is still largely by phone or virtually.

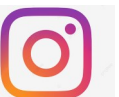


GOODBYE AND GOOD LUCK

On September 22nd, we said goodbye and good luck to two of our amazing kaimahi, Joy Olson who was a social worker as part of the Allied Health team, and Meri-Ira Hiki who was our specialist diabetes nurse. Both of these wāhine contributed largely to the health and wellbeing of our community, and we will miss them both dearly. Ngā mihi nui ki a korua. Thank you for all your mahi.



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Kia Kaha te Reo Māori

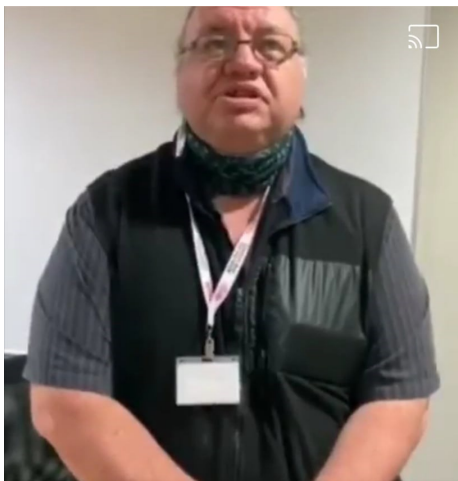
Te Wiki o te Reo Māori
13 - 19 Mahuru 2021



TE WIKI O TE REO MAORI 2021

Te wiki o Te Reo Māori was started in 1975 to revive the use of Te Reo as an official language of Aotearoa.

This year Te Wiki o Te Reo Māori was held from September 13th to September 19th. The movement to grow the use of Te Reo in Aotearoa becomes bigger each year this event is held. Many organisations and businesses in Aotearoa are embracing Te Wiki o Te Reo Māori by using and teaching kupu or phrases throughout the week. Some of our kaimahi recorded short videos of themselves for our social media platforms promoting and encouraging the use of Te Reo amongst our whānau.



Matua Rikihana and Matua Toro tautoko Te Wiki o Te Reo Māori 2021

TAKE TIME
TO KÖRERO
MĀ TE KÖRERO, KA ORA

MENTAL HEALTH AWARENESS WEEK 2021

The theme for Mental Health Awareness Week for 2021 was Mā te kōrero—ka ora, Take time to korero. The week recognised the importance of connecting with others through kōrero, and ran from September 27th to October 3rd. Ngā Kākano Foundation were very honoured to have some special guests tautoko our efforts for promoting mental health awareness for 2021.

Kim Garrett, who is from Whakatāne but now lives in Otautahi and is a performing arts tutor at Ara Institute of Canterbury is a former Shortland Street actress. She agreed to include her NASDA students in a special kōrero about mental health. They went above and beyond, producing an amazing video made by rangatahi and openly sharing about their own mental health experiences.

We were also privileged to have Francis Kora, also from Whakatāne record a personal kōrero for us and also share about mental health. Fran is the frontman for the band Kora and also performs with the Modern Māori Quartet. He has starred in The Pā Boys and other films and projects in Aotearoa and has performed around the world. What a honour to have these successful young Māori tautoko such an important issue for many in Aotearoa. Ngā mihi nui ki a koutou, your tautoko is much appreciated.



Our very special guests who sent their tautoko for Mental Health Week 2021—Kim Garrett and her NASDA students and Francis Kora



ENROLMENT

The following data is collected for one of the following

- Existing enrolments
- New enrolments

New Enrolments require

- Id Upload of a Birth Certificate or Passport Id Page
- Read and Agree to Code of Health and Disability Services Consumers Rights
- Read and Agree to complaint process

[Enrol Now](#)

GP services

We are now be accepting new enrolments for our GP services.

This can be done on our website, www.ngakakano.org.nz. Go to enrolment on the home page and follow the instructions. New enrolments require an upload of ID like a birth certificate or passport, you need to read and agree to the Health and Disability Consumers Rights and to read and agree to the complaints process.

Or if you would prefer, you can come into the office and our staff will help you through the process. Please note this will only be once we return to Level 1.

Our services

We are currently under Level 2 restrictions and are accepting referrals for all services.

Our list of services covers many health areas, go to www.ngakakano.org.nz and complete a self-referral today!

Asthma and respiratory services

Diabetes services

Kaumatua and Kuia Programme

Mental Health Services

Mental health and addiction counselling (Alcohol and Drug, tamariki/rangatahi)

Mental health and addiction counselling (Intensive Alcohol and Drug Programme - adults)

Tamariki Ora Well Child Services

Whanau Ora

Mirimiri/Rongoa

Make sure to look out for the next edition of our newsletter whānau, October 2021



Nga Kakano Foundation
Family Health Services



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Self-referral

Did you know you can complete a referral for our community services for yourself or your whānau online at

www.ngakakano.org.nz